

# Ptarmigan Hillwalking & Mountaineering Club



Website: [www.ptarmiganmc.org.uk](http://www.ptarmiganmc.org.uk)

## Monthly Newsletter

February 2020

**The bus on 2 February is to St Fillans via Lochearnhead. Fare £20.**

**Reminder: If you cancel your booking after 8am on the Friday before the meet, or if you fail to turn up, our Code of Good Practice expects you still to pay your fare (to the treasurer) unless the reasons for your cancellation or non-appearance were beyond your control.**

The bus will leave Waterloo Place at 0730 and travel via Shandwick Place (bus stop opposite Boots), Haymarket, Roseburn, PC World and the M9 with a comfort stop at Callander. We will probably go along the north Loch Earn road to St Fillans but a drop-off at Ardvorlich can be arranged for those wanting to take the shortest route up Ben Vorlich.

The bus will park near the Loch Earn Brewery and Hotel (the former Drummond Hotel) where the river runs out of the loch. St Fillans seems to be deserted in February: the hotels are likely to be closed, though the village shop may be open. Pin your hopes for refreshment on Callander on the way home!

**Departure time from St Fillans: 1630**

**Bus Convener: Adrian Casey**

**Bookings and cancellations:** either 1. Text and phone Tim Featherstone 075 49 48 0321  
or 2. Email [bookings@ptarmiganmc.org.uk](mailto:bookings@ptarmiganmc.org.uk)

**Emergency Number 075 49 48 0321 must be taken on the hill with each party.**

**Maps required:** OS 1:50 000 sheet s 51 Loch Tay & 57 Stirling and The Trossachs.

**Note to GPS users:** all grid references are preceded by NN.

## The Club's Code of Good Practice

The Club's Code of Good Practice notes that parties should comprise two, preferably three, people and those members must have a map of the area and compass and know how to use them. A first aid kit, survival bag, whistle and torch should also be carried. The group should stick together and be alert for signs of anyone feeling unwell or getting into difficulties. For those members who have one it does no harm to carry a mobile phone, though it is important to understand that there is no guarantee of signal availability and this should never be relied upon.

**Winter Conditions:** If possessed, an ice axe and crampons should be carried and may be needed on frozen ground at any level. A careful judgement must be made on the prevailing conditions. Do not wait until you are on steep ground and/or above the snow line. Be prepared to moderate plans according to experience in the party. The bus convener should be able to advise individual parties on the day.

**Disclaimer:** The routes outlined below are merely descriptions of walks in the area; they do not represent invitations or recommendations by the Club or any of its Officers to members to go on these routes. It is the individual and sole responsibility of each club member to choose a route that is within their capability taking due account of the timings given and the weather conditions prevailing.

**Please note the early departure from St Fillans at 4.30pm & plan your day accordingly, taking into account the distances involved, weather & underfoot conditions.**

## Route Options

### Munros

Ben Vorlich, 985 m [629189]

Stuc a' Chroin, 975 m [617174]

Access: Ardvorlich [633232]

### Corbetts

Ben Ledi, 879 m [562097] (with the option to walk along an off-road path into Callander afterwards)

Benvane, 821 m [535137]

Access: A84, Pass of Leny or Strathyre

Creag Mac Ranaich, 809 m [545255]

Meall an t-Seallaidh, 852 m [542234]

Access: Glen Kendrum, from Lochearnhead

### Grahams

Beinn Dearg, 706 m [696197]. If you climb it on its own, go up and back via Allt Ghòinean.

Mor Bheinn, 640 m [716211]

Access: Dalchonzie [741230], through the Aberuchill Castle estate to Ben Halton and then to Mor Bheinn, returning to St Fillans via the Allt Ghòinean.

Fast parties may combine Ben Halton, Mor Bheinn and Beinn Dearg.

Creag Ruadh, 712 m [NN 674292]

Creag Each, 671 m [NN 652263]

Access: [NN 668246] track into Glen Tarken

### Low Level

Glen Ample

Access: [584136] to [602225]. It's approximately 15 km to Lochearnhead.

Track round Glen Tarken

Access: [668246]

There is also a good path from Lochearnhead to Callander via Strathyre and the west side of Loch Lubnaig on old railway track. Distance from Lochearnhead to Callander is 24km; if you start at Strathyre it's 14km.